

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Heslien Arlow**

Has successfully participated & completed the

**40km Ezemvelo Presented by BoutTime & Navworld**

held at Cowhouse Market.

**TIME 02:23:45**

**PACE 16.70km/h**  
**OVERALL 73 of 226**

**GENDER 15 of 76**  
**MASTERS 2 of 6**

02 April 2016, Sat

Date



*BoutTime*

Signature

